

# Summer Programs Daily Schedule

## 8:55-9:00 Arrival Time

Our day begins promptly at 9:00 am. We understand commute times may vary so the waiting room is available for you to sit and wait with your child. Unfortunately, we will be busy setting up for our day so we are unable to open the classroom earlier than 8:55.

### 9:00-9:10 Table Time

Your child will begin each day with a group or individual tabletop activity. This may be a fine motor, academic, language or sensory task.

#### 9:10-9:30 Circle Time

During this whole group activity children will say good morning, practice greeting one another, "check-in" to practice name recognition and review our schedule for the day. We will also read a story related to our weekly theme.

## 9:35-10:00 Outdoor Play

Children will practice turn taking, motor skills and appropriate social skills while playing outdoors. We will engage in activities, such as chalk play, bike riding and ball play. Our outdoor space is sunny, so please be sure to sunscreen children before dropping them off in the morning.

# 10:00-10:30 Therapeutic Integration

Children will participate in a group therapy session with our licensed providers. Integration will be as follows.

### 10:30-10:50 Snack Time/Bathroom Break

During this time the children will be given a snack and are encouraged to use the bathroom. As we eat we will work on using language to request, socializing with friends and following directions.

#### 10:50-11:20 Craft Time

This structured art activity will incorporate fine motor and sensory activities while providing children an opportunity to be creative.

# 11:20-11:55 Small Group Instruction

Your child will be divided into small groups of 3-4 children to target specific

learning skills. These skills would include literacy, numeracy, language and fine motor skills.

## 11:55-12:00 Prepare for lunch and Bathroom Break

Children will wash hands and prepare for lunch. Students will also have the opportunity to use the bathroom at this time as well.

### 12:00-12:30 Lunch

All of the children staying for the afternoon program will have lunch together. Please send a non-heated lunch for your child. We will be operating as a nut free facility.

## 12:30-12:50 Free Play/Sensory Play

Children will explore our themed shelf toys and classroom activities with peers. During this time children will be working on social skills, peer interactions, turn taking and purposeful play.

## 12:50-1:05 Calming Time

Children will be provided a calming time. We will dim the lights and participate in yoga, breathing and mindfulness activities, as a way to wind down and recharge to finish up the afternoon.

## 1:05-1:15 Bathroom Break

Children will be encouraged to try and use the potty or have their diaper/pull-up changed at this time.

# 1:15-1:45 Gym Time

Children will participate in organized gross motor play. They will develop gross motor skills through the use of simple games, activities, and drills related to the targeted sport. Introduction to proper stretches, warm ups, and the basics of the game will be learned. Team-work and positive sportsmanship will be emphasized throughout the session. Other activities in the gym may include group games, such as "Parachute Play," "Obstacle Courses," "Scooter Board Racing," and "Red Light, Green Light."

# 1:45-2:00 Good-bye/Dismissal Time

We will join together to recap the day and say good-bye to our friends. Parents and caregivers will wait in the waiting area, and teachers will bring children out to be dismissed